"Blud, Sweat 'n Gears!"

A cycle journey of 1150 miles from Lands End to John O' Groats

July 2011

Name	Address	Amount

Any queries: Dennis Mobile: 07885472947,
Head office: 01767 683015,
Email: bludsweatngears@christianfamilycare.org.uk

All proceeds to:
Christian Family Care & Friends of CME Trust

christian family care

Friends of CME Trust

Reg charity no: 276677 / 1104119